

MISSOULA ACTIVE KIDS

Individuals, agencies, businesses and organizations committed to enhancing and increasing kids' physical activity.

Founding members: Missoula Parks & Recreation, YMCA, University of Montana, Forum for Children & Youth, Missoula City-County Health Department

June 8, 2010 Meeting Highlights
Missoula City-County Health Department
3:30-5PM
ROOM 210

Present: Nina Cramer Forum for Children & Youth; Lisa Beczkiewicz The Flagship Program; Jason Shearer and Amanda Andrews Missoula YMCA; Rachel Vielleux Missoula County Superintendent of Schools; Steve Gaskill The University of Montana: Health & Human Performance Department; Tata Barba Target Range School, & Greg Oliver, Rebecca Morley and Mary McCourt Missoula City-County Health Department

Active Kids Logo & Mission Statement

Jason Shearer presented the Active Kids logo and mission statement document for suggestions and approvals. The logo that Jason developed was soundly applauded and accepted. The mission statement document was reorganized and approved.

6th Grade Project

Amanda Andrews from the YMCA 6th Grade Project presented a PowerPoint program that she has prepared for potential fundraisers. The Y will be offering free memberships to all 6th grade students in Missoula County. **The goal of the 6th Grade Project is to inspire youth to discover their passions, develop a healthy lifestyle, and gain the assets needed to avoid risky behaviors and succeed in school and life.** In addition to all the rights and privileges of a YMCA membership, there will also be specific programs designed for the students. Activities will be designed and scheduled which introduce the students to life long skills, nutrition, and fundamental philosophies on living active, healthy lifestyles.

Target Range Project

Tara Barba, PE instructor at Target Range, reported that Target Range School has been awarded a \$5,000 Montana Team Nutrition Grant to work on school wellness policy. Target Range will hire a part-time school wellness coordinator who will help the school implement recess before lunch; Active Recess; Institute of Medicine nutrition standards for all foods sold on the campus; and introduce Farm to School Program.

BMI Results for School Year 2009-10

Mary McCourt gave a brief report on the current BMI results for third graders in Missoula County. The overall overweight or obese rate was slightly lower than in school year 2008-09, but the overall leaning is towards overweight and obese.

Next meeting date: September 9th, 3:30-5pm, Room # 210, Missoula City-County Health Department.

1. Jason Shearer presented the Active Kids logo and mission statement document for suggestions and approvals. The logo that Jason developed was soundly applauded and accepted. The mission statement document was reorganized and approved.
2. Amanda Andrews YMCA 6th grade project presented a PowerPoint program that she has prepared for
3. Target Range Project
4. Training handbook: ***Working with Kids: What you Need to Know to Make the Biggest Impact & Get the Most Rewards***
5. Latest BMI data
6. Reports from members

It was decided that we would meet after the deadline for the grant notification which is scheduled no later than February 26th.