



## MEASLES (RUBEOLA)

### WHAT IS MEASLES?

MEASLES IS A VIRAL DISEASE THAT IS ABLE TO CAUSE EPIDEMICS.

### WHO GETS MEASLES?

ALTHOUGH MEASLES IS USUALLY CONSIDERED A CHILDHOOD DISEASE, ANYONE CAN GET IT. PEOPLE WHO ARE NOT VACCINATED ARE MORE LIKELY TO BE AFFECTED BY THE MEASLES VIRUS.

### HOW IS MEASLES SPREAD?

MEASLES IS SPREAD BY SNEEZING OR COUGHING AND BY DIRECT CONTACT WITH NASAL OR THROAT SECRETIONS OF INFECTED PEOPLE. ONCE THE MEASLES VIRUS GETS INTO THE AIR IN A ROOM OR BUILDING, IT CAN REMAIN FOR TWO OR MORE HOURS AND CAN INFECT OTHERS WHO MAY ENTER THE AREA.

### WHAT ARE THE SYMPTOMS OF MEASLES?

MEASLES SYMPTOMS APPEAR IN TWO STAGES. IN THE FIRST STAGE, THE PERSON MAY HAVE A RUNNY NOSE, COUGH, A SLIGHT FEVER, REDDENED EYES AND SENSITIVITY TO LIGHT WHILE THE FEVER RISES EACH DAY. FOR THE SECOND STAGE, THE PERSON HAS A HIGH FEVER AND A RASH THAT USUALLY BEGINS ON THE FACE AND THEN SPREADS OVER THE ENTIRE BODY.

### HOW SOON DO SYMPTOMS APPEAR?

SYMPTOMS USUALLY APPEAR IN 10-12 DAYS AFTER INFECTION.

### WHEN AND FOR HOW LONG IS A PERSON ABLE TO SPREAD MEASLES?

AN INDIVIDUAL IS ABLE TO SPREAD MEASLES FROM FOUR DAYS BEFORE TO FOUR DAYS AFTER THE RASH APPEARS.

### DOES PAST INFECTION MAKE A PERSON IMMUNE?

YES. ONCE YOU HAVE HAD MEASLES, YOU USUALLY CANNOT GET THE DISEASE AGAIN.

### WHAT IS THE TREATMENT FOR MEASLES?

THERE IS NO SPECIFIC TREATMENT FOR MEASLES.

### HOW CAN MEASLES BE PREVENTED?

THE MEASLES VACCINE, WHICH IS CONTAINED IN THE MMR (MEASLES, MUMPS, AND RUBELLA) IMMUNIZATION, CAN PREVENT THE DISEASE.